



Strategies for efficient photothermal therapy at mild temperatures: Progresses and challenges

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ABSTRACT

Photothermal therapy (PTT), typically ablates tumors *via* hyperthermia generated from photothermal agents (PTAs) under laser irradiation, has attracted great attentions in the past decades. Unfortunately, longstanding, frequent and high-power density laser irradiations are needed to maintain the hyperthermal status ($>50\text{ }^{\circ}\text{C}$) for efficient therapy, which will damage the skin and nearby healthy tissues. Suppressing cancer cells with a mild temperature elevation is more attractive and feasible for PTT. Recently, low-temperature photothermal therapy (LTPTT), which could inhibit tumor under mild hyperthermia, has been widely investigated by researchers. Herein, we systematically summarized the strategies to achieve LTPTT. Diverse PTAs including organic and inorganic materials reported for LTPTT were introduced. The established strategies for LTPTT were intensively described. Finally, the challenges as well as future perspectives in this field were discussed.

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1. Introduction

Malignant tumors also called cancer, have been the most threatening diseases for human health for decades [1–4]. Developing reliable methods for confronting cancer is the chief business for scientific and clinical investigations [5–11]. But the main tactics in clinical cancer therapy still staying at chemotherapy, surgery and radiation therapy [12,13]. The destruction of immune systems caused by high-dosage and repeated radiotherapy can induce deadly side effects to the patients [14,15]. Serious severe effects to the healthy tissues and drug resistance are the critical problems for chemotherapy [13,16–20]. While the surgery can cause irrecoverable tissue injury, and the disease lesions are hard to be completely removed during surgery, which may further cause cancer recurrence and metastasis [12,21,22]. Therefore, tactics with higher controllability, better effectiveness and higher safety are highly desired for improved cancer treatment [23–31].

Phototherapy employs photo and photothermal agents (PTAs) or photosensitizers to kill cancer cells by either photo-thermal conversion (photothermal therapy, PTT) [32–35] or photo-induced reactive oxygen species generation (photodynamic therapy, PDT)

[36–39]. As a photo-induced chemical process, the therapeutic effect of PDT is largely associated with the oxygen concentration in the tumor tissue. However, hypoxia [40] and the reductive cellular microenvironments as the common features for most tumors, severely limited the effectiveness of PDT. In comparison, PTT does not require the participation of O_2 and the therapeutic effect is less restricted by the cellular microenvironments [41,42]. Elevating the tumor temperature over the tolerance threshold value can effectively ‘burn’ the cancer cells to death [43,44]. Thus, the past decades have witnessed the rapid development of PTT for cancer therapy.

Numerous PTAs including small molecules and diverse organic/inorganic nanomaterials have been developed for PTT [45]. Molecular PTAs have definitive pharmacokinetic characteristics; while the high surface area and abundant active sites of nanomedicines rendered them extraordinary maneuverability [46]. It is easy to connect diverse targeting, recognition, responsive and therapeutic moieties with diverse PTAs, to develop versatile platforms for enhanced theranostics for cancer therapy [46].

Nevertheless, the well-developed defense systems in cancer cells can protect them from hyperthermia [47–49]. To completely ablate the tumor tissues, longstanding, ultrahigh temperature ($> 50\text{ }^{\circ}\text{C}$) is usually required [50–52]. As a result, PTT may simultaneously destroy tumor tissue and damage the nearby healthy tissues due to the inevitable thermal diffusion. Moreover, traditional

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Table 1
Typical PTAs employed for LPTT.

Types	Features	Classification	PTAs	Employed laser	Ref.
Inorganic PTAs	Advantages: high photothermal conversion efficiency, strong photostability, good dispersity, low immunogenicity, easy modification, high drug loading effect Disadvantages: poor circulation effect, poor biodegradability, long-term <i>in vivo</i> retention, metabolic toxicity	Noble metals	Au NPs/NRs/NCs	808/1064 nm	[104-108]
			Pt NPs	808 nm	[109]
			Pd NPs	808 nm	[70,110]
		Carbon materials	Pt-Cu NPs	808 nm	[111]
			Liquid metal	808 nm	[112]
			Carbon NPs	808/1064 nm	[113,114]
			graphene,	808 nm	[115]
			CNTs,	808 nm	[116]
			Carbon dots	671/810 nm	[117]
			Transition metal chalcogenides	Fe ₃ O ₄	808 nm
		FeS ₂		1064 nm	[118]
		CuS		980/1064 nm	[119,120]
		Bi ₂ Se ₃ , Bi ₂ Se ₃		808 nm	[121,122]
		MoS ₂		808 nm	[76]
		RuO ₂		1064 nm	[43]
		Others	Black phosphorus	808 nm	[123]
			Lu:Nd@NiS ₂	808 nm	[124]
			V ₂ C	1064 nm	[63]
			Bi	808 nm	[59,99]
PB	808 nm		[125,126]		
ICG	808 nm		[72,127]		
HI-4COOH	808 nm		[128]		
IR780	808 nm		[129]		
IR820	808 nm		[51,101]		
dc-IR825	808 nm		[130]		
Organic PTAs	Advantages: good biocompatibility, high biodegradability, easy metabolism Disadvantages: low photothermal conversion efficiency, poor photostability	Cyanine dyes	Bio-PPh ₃ -PT	635 nm	[65]
			DiR	785 nm	[131]
			Ferriporphyrin	635 nm	[132]
		Porphyrins	Zincporphyrin	660 nm	[133]
			Semiconductor polymers	PEDOT	808 nm
		Melanin	PDPP ₃ T	808 nm	[134]
			Polypyrrole	808 nm	[135]
		Others	PDA	808 nm	[136-139]
			C720	808 nm	[140]
			BODIPY	730 nm	[141]
	Diketopyrrolopyrrole derivatives	660 nm	[142]		

PTT can also induce intense inflammation response and other adverse effects [48,53,54]. Killing cancer cells at mild temperatures are imperative for clinical practice [55,56]. Aiming to the defense systems in cancer cells, researchers have developed a series of novel PTAs for reducing the tolerant capacity of cancer cells, in another word, sensitizing cancer cells to hyperthermia. For instance, PTAs for heat shock protein (HSP) inhibition [48,57,58], autophagy modulation [59-61], organelle targeting [62-66], gas sensitization [67-70], and the combination with many other treatments [52,71-76] have been enthusiastically developed for LPTT.

In this review, we systematically summarized the emerging strategies for LPTT. The intrinsic mechanisms and signatures of different strategies are discussed. A series of typical examples of LPTT are highlighted. At last, we described the fundamental requirements for LPTT, our opinions on the current challenges and future perspectives were provided.

2. Classification of PTAs

PTAs and laser are the two key elements for PTT. PTAs are materials with broad NIR absorption and good photothermal conversion effect [77-83]. PTAs in the ground state can effectively absorb photo energy, and the adsorbed energy was released as heat *via* nonradiative decay [84]. The joint participation of light and PTAs in PTT renders the therapy excellent spatiotemporal controllability since only the tissue with PTA accumulation and laser irradiation can be heated [85-87]. An ideal PTA should possess strong long-wavelength absorption and good photothermal conversion effect, good tumor targeting ability and biocompatibility. Compared with UV-vis light (400-700 nm), NIR laser (750-1350 nm) has better tis-

sue permeability, since it lies in the "optical transparency window" and less temperature increment can be induced when irradiating normal tissues with NIR laser, which not only transfer enough energy to the deeper disease tissues but also avoid the excessive injury to the skin tissues [88,89]. Therefore, combining PTAs with NIR laser enable selectively "burn" the disease lesions. To date, a considerable number of PTAs have been developed for PTT [90,91], and can be divided into organic PTAs and inorganic PTAs.

Inorganic PTAs are stable, easy to synthesis/modification and possess good photothermal conversion effects [92,93]. Ever since the report of using gold nanoparticles (AuNPs) for PTT in 2003 [94], a considerable number of inorganic PTAs including noble metal materials, carbon materials, transition metal oxides/sulfides and so on have been explored [95-97]. Most of the inorganic PTAs show relatively high photothermal conversion effect. With the development of NIR-II region fluorescence imaging, some PTAs were also proved with certain photothermal effect in the NIR-II region [43,98,99]. Importantly, the relatively high drug loading effect makes inorganic PTAs especially useful for combining with other treatments for enhanced PTT. However, the poor biodegradability of inorganic PTAs might cause long-term toxicity to living bodies, and the commercialized inorganic PTAs are still rare.

Organic PTAs including small-molecule dyes, semiconductor polymers, melanin nanoparticles and so on [50,100-102]. Although some organic PTAs have been clinically approved for tumor theranostics, the easy clearance and weak photostability are the key limitations. Small molecules can assemble or be loaded with biocompatible vehicles such as liposomes and polymers and form relatively stable nanoPTAs [65]. When being intravenously injected into the bodies, PTAs could effectively accumulate in tumor tissues

via either passive or active targeting. Under further laser irradiation, these organic molecules can elevate the localized temperature to ablate solid tumors. Subsequently, these small molecules can be excreted/degraded, which ensures the biosafety of PTAs [84]. As for nanoscale organic PTAs, their easy modification and potential biodegradability also rendered them with good biocompatibility [103]. Therefore, the past years have witnessed the extensive application of cyanine dyes, polydopamine, porphyrins and semiconductor polymers in PTT. Table 1 summarized representative PTAs employed for LPTT [43,51,58,59,63,65,66,70,72,76,99,104–142].

3. LPTT by inhibition of HSPs

Heat shock proteins (HSPs) are a group of functional proteins that widely exist in almost all organisms from bacteria to humans [75]. These ubiquitous molecular chaperones are the first defense system for cancer cells under stress. When the cells are exposed to dangerous environments such as hyperthermia, HSPs are rapidly expressed to facilitate intracellular protein refolding to further elevate the tolerance of cells [124,125]. The intracellular expression levels of HSPs directly influences the therapeutic outcome of PTT. Inhibiting HSPs can reduce the thermal resistance of cancer cells to potentiate the cell-killing effect of hyperthermia. Therefore, nanoPTAs carried with HSPs inhibitors are widely developed to realize LPTT. Currently, HSP inhibitors employed for the combination with different PTAs for LPTT mainly include chemical inhibitors and small interfering RNAs (siRNAs) [72,143].

Benefiting from their low toxicity, high stability and good selectivity, chemical inhibitors are promising candidates for HSPs inhibition to attenuate the thermal resistance of cancer cells. However, most chemical HSP inhibitors suffer from poor tumor-targeting effect, and they may cause toxic effects when being internalized by normal cells. Employing nanoPTAs as the carriers for these agents is therefore essential for enhanced drug delivery and stimuli-responsive release. In recent years, diverse HSP inhibitors such as epigallocatechin 3-gallate [124], VER155008 [57], gambogic acid [114,130,134], phenylethanesulfonamide [58], quercetin (Qu) [105,129], NVP-AUY922 [115], and triptolide [107] have been employed for combining with different nanoscale PTAs for LPTT.

Metal-organic frameworks and coordination organic polymers with high surface area, excellent designability, good degradability, are suitable vehicles for chemical/biological drugs [144,145]. Yang *et al.* reported the design and preparation of nanoscale coordination polymers (NCPs) by coordination between ICG, metal ions (Mn^{2+}) and histidine (His)-tagged poly(ethylene glycol) (PEG) (pHis-PEG) [48]. The developed Mn-ICG@pHis-PEG showed excellent tumor acidic pH-responsive tissue retention effect (Figs. 1A and B). HSP90 inhibitor gambogic acid (GA) loaded Mn-ICG@pHis-PEG (Mn-ICG@pHis-PEG/GA) effectively inhibited the expression of HSP90, enabling completely tumor growth inhibition under a mild temperature (43 °C) by the guidance of fluorescence, photoacoustic, and magnetic resonance imaging (MRI). In addition to directly loading HSP inhibitors onto PTAs, some natural HSP inhibitors with polyphenol structures could coordinate with metal ions to form nanoscale coordinative materials. Mao's group reported the preparation of Qu-based NPs by the coordination between Qu, metal ions and poly(vinylpyrrolidone) (PVP) via a one-pot method [146]. Qu- Fe^{II} P consisting of Qu, Fe^{2+} and PVP with the highest photothermal conversion efficiency could effectively ablate solid tumors under mild 808 nm laser irradiation benefiting from the HSP inhibition effect of Qu. Importantly, the obtained nanoscale PTA could avoid PTT-induced inflammation owing to the ROS scavenging and anti-inflammation effects of Qu (Fig. 1C). siRNA featured by excellent specificity and high biosafety, are also explored for the down-regulation of HSPs in cancer cells [143]. Nanoscale PTAs carrying siRNA targeting HSPs have been

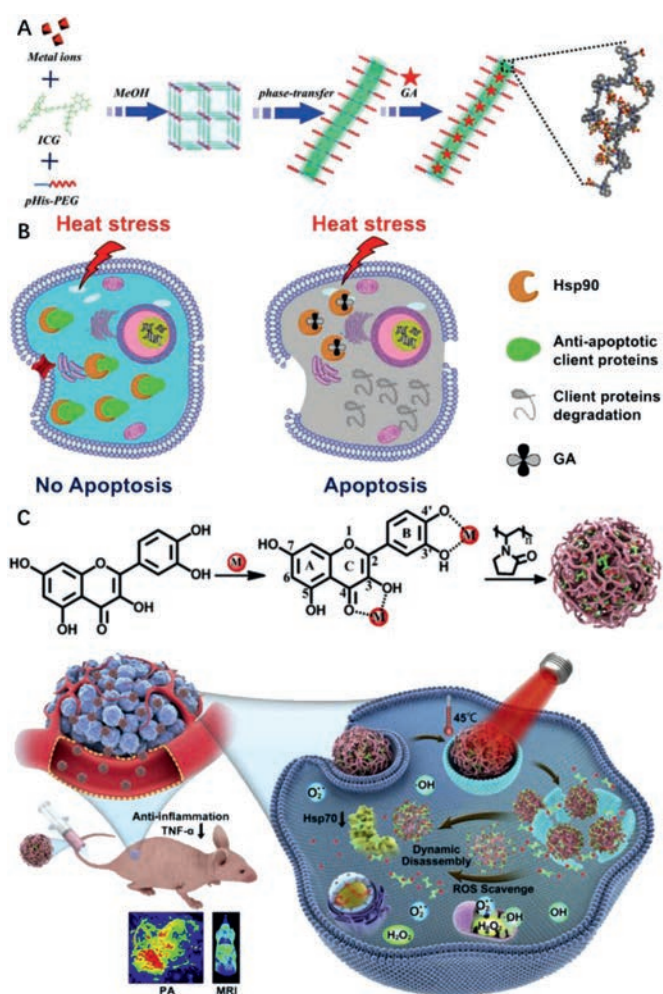


Fig. 1. Schematic illustration of (A) the preparation and (B) the therapeutic mechanism of Mn-ICG@pHis-PEG/GA. Reproduced with permission [48]. Copyright 2017, Wiley-VCH Verlag GmbH & Co. KGaA, Weinheim. (C) Schematic illustration of the preparation of Qu-based NPs for enhanced LPTT. Reproduced with permission [146]. Copyright 2019, Elsevier Ltd.

reported by several groups. Zhou's group prepared HSP70 siRNA loaded cytochrome-c-conjugated porous upconversion nanocomposites (UCNPs) for LPTT. The porous UCNPs simultaneously served as the MRI/upconversion luminescence dual-modal probe as well as the vehicles of cytochrome-c and siRNA. After intravenous injection, the nanoprobe with good dispersibility could accumulate in tumor via the enhanced permeability and retention (EPR) effect. siRNA released from the pores could silence the HSP70 to enhance the therapeutic effect of PTT. Gu's group developed HSP70 siRNA and PEG co-functionalized hollow gold nanoshell (HGN), which enables photothermal-controlled siRNA release and endosomal escape. More recently, Zhang's group reported polydopamine (PDA) coated HSP70 siRNA loaded nucleic acid nanogel for programmed LPTT (Fig. 2). The PEGylated PDA shell effectively prolonged the *in vivo* circulation effect and prevented premature degradation of siRNA before reaching the tumor.

4. LPTT by targeting organelles

Precise regulating the intracellular distribution of PTAs in cancer cells is another important strategy for LPTT. For instance, the nucleus is the vital component for maintaining cellular functions and regulating homeostasis, which controls all the physiological processes during the whole life span of cells. Many clinically ap-

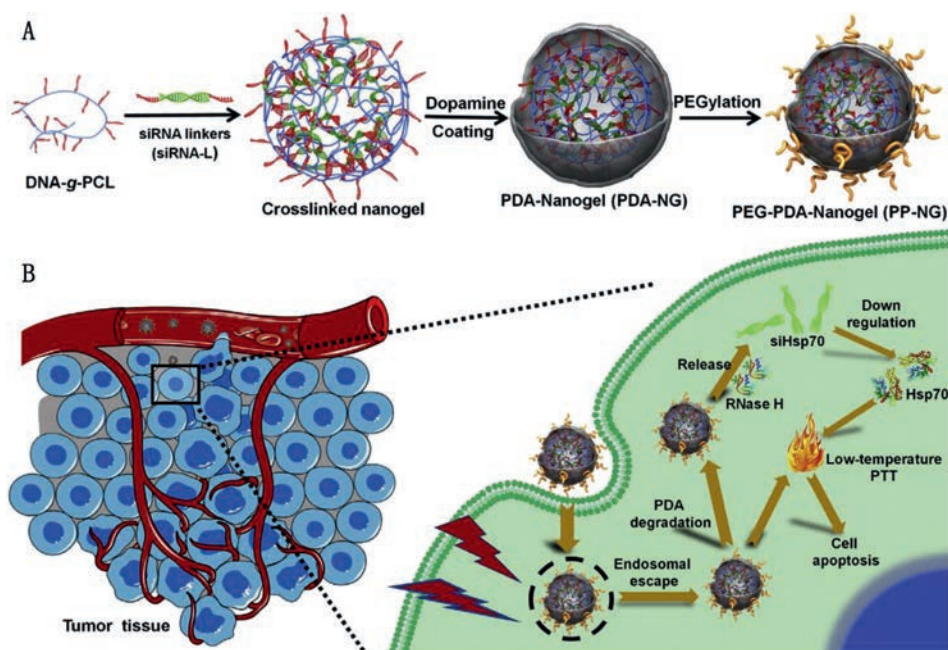


Fig. 2. Schematic illustration of (A) the preparation and (B) the *in vivo* therapeutic effect of the PEGylated PDA coated siRNA delivery system. Copied with permission [139]. Copyright 2020, Elsevier Ltd.

proved antitumor drugs especially chemotherapeutic drugs take the nucleus as their target. Any disturbance to the nuclear function can influence the gene expression of cells and affect the cell cycle. Minor temperature alternation in the nucleus may influence the activity of intranuclear enzymes that are vital to DNA replication and gene expression, which could further induce dysfunctions in cancer cells and cause cell death. Delivery of adequate PTAs into the nucleus is more easily to induce cell apoptosis under the same light irradiation dosage. Therefore, nucleus-targeted PTAs have received considerable research interest in recent years. To date, nucleus targeted Au-based nanomaterials [104], MXenes [63], Pd nanosheets [110], ruthenium(IV) oxide [43] and coordination polymers [128] have been reported for LTPPT.

Pan *et al.* demonstrated the preparation of PEG/TAT dual-functionalized gold nanorods (GNRs-NLS) for LTPPT (Figs. 3A and B) [104]. The PEG chain neutralizes the positive charge of TAT to ensure the long-term blood circulation and subsequent nucleus accumulation of GNRs-NLS in cancer cells. The therapeutic outcome of GNRs-NLS under 0.2 W/cm^2 808 nm laser irradiation was comparable with GNRs plus 2 W/cm^2 irradiation, although the tumor temperature of the former group is nearly $20 \text{ }^\circ\text{C}$ lower than the latter one. The nucleus-targeting strategy significantly reduced the required laser power density, opening a promising avenue for solid tumor treatment. In addition to directly entering the nucleus, nanomaterials accumulation in the perinuclear sites was reported to directly influence the function of cancer cells. Wu's group reported that TAT-functionalized Pd nanosheets [110], accumulated in the perinuclear of MCF-7 cancer cells stimulated the overexpression of lamin A/C proteins to enhance the nuclear stiffness and inhibit cell migration. Further irradiation by 0.3 W/cm^2 mild 808 nm laser effectively accelerated the nuclear entry of PTAs, inhibiting cancer metastasis and inducing cancer cell apoptosis. In addition to modifying nanomaterials with nucleus-targeting ligands, PTA with intrinsic nucleus-targeting capability has been reported recently by Li and Wu's groups [128]. The coordination polymer consisting of heptamethine cyanine dye and hafnium ions effectively accumulated in the nucleus of tumor cells, and eliminated the 4T1 tumor by LTPPT.

Laser in the NIR-II (1000–1350 nm) window is more permeable in tissues, and the maximum permissible exposure (MPE) for skin exposure at NIR-II region is much higher than that at the NIR-I region (750–1000 nm). Employing NIR-II laser for nucleus targeted LTPPT was recently reported by Zhang and Dong's group [63]. TAT modified small fluorescent V_2C quantum dots (QDs) were encapsulated within tumor-targeting peptide (RGD) engineered endogenous exosomes to obtain the dual-targeted nanomedicine (V_2C -PEG-TAT@Ex-RGD, Figs. 3C and D). The targeted materials possess excellent immune escaping and tumor-nucleus targeting effect. Under 0.96 W/cm^2 1064 nm laser irradiation, the tumor temperature was elevated to $\sim 45 \text{ }^\circ\text{C}$. The LTPPT mediated by V_2C -PEG-TAT@Ex-RGD completely inhibited the tumor growth in MCF-7 tumor-bearing mice without side effects. Nucleus-targeted LTPPT with NIR-II laser may be more effective, safe and suitable for deep tumor PTT.

In addition to the nucleus, mitochondria, the primary generation center of ROS, is also hypersensitive to heat. Delivery of PTAs into the mitochondria of cancer cells is another strategy for LTPPT. Nanomaterials are easier to accumulate into the mitochondria because they don't need to cross the hurdles such as karyotheca [62]. It is reported that AuNPs with small size have neglectable photothermal conversion effect, which was significantly elevated after aggregation due to the activation of interparticle plasmonic coupling effect [147]. Such phenomena significantly stimulated the development of activatable PTT. Recently, Han *et al.* realized effective LTPPT using triphenyl-phosphonium (TPP)-functionalized AuNPs [64]. These NPs can specifically accumulate into the mitochondria of cancer cells to turn on the PTT effect. The cancer cell-selective accumulation was attributed to the mitochondrial membrane potential of cancer cells are lower than that of normal cells. Upon NIR laser irradiation, highly efficient tumor ablation was realized. It has minimal damage effect on normal cells since the photothermal effect of non-aggregated AuNPs are much lower under laser irradiation. Tang's group developed a dual-targeted self-assembled organic PTA for highly efficient cancer therapy (Fig. 4) [65]. The TPP and biotin dual-modified cyanine was co-assembled with FDA approved polymer F127 to afford the nanoPTA, which

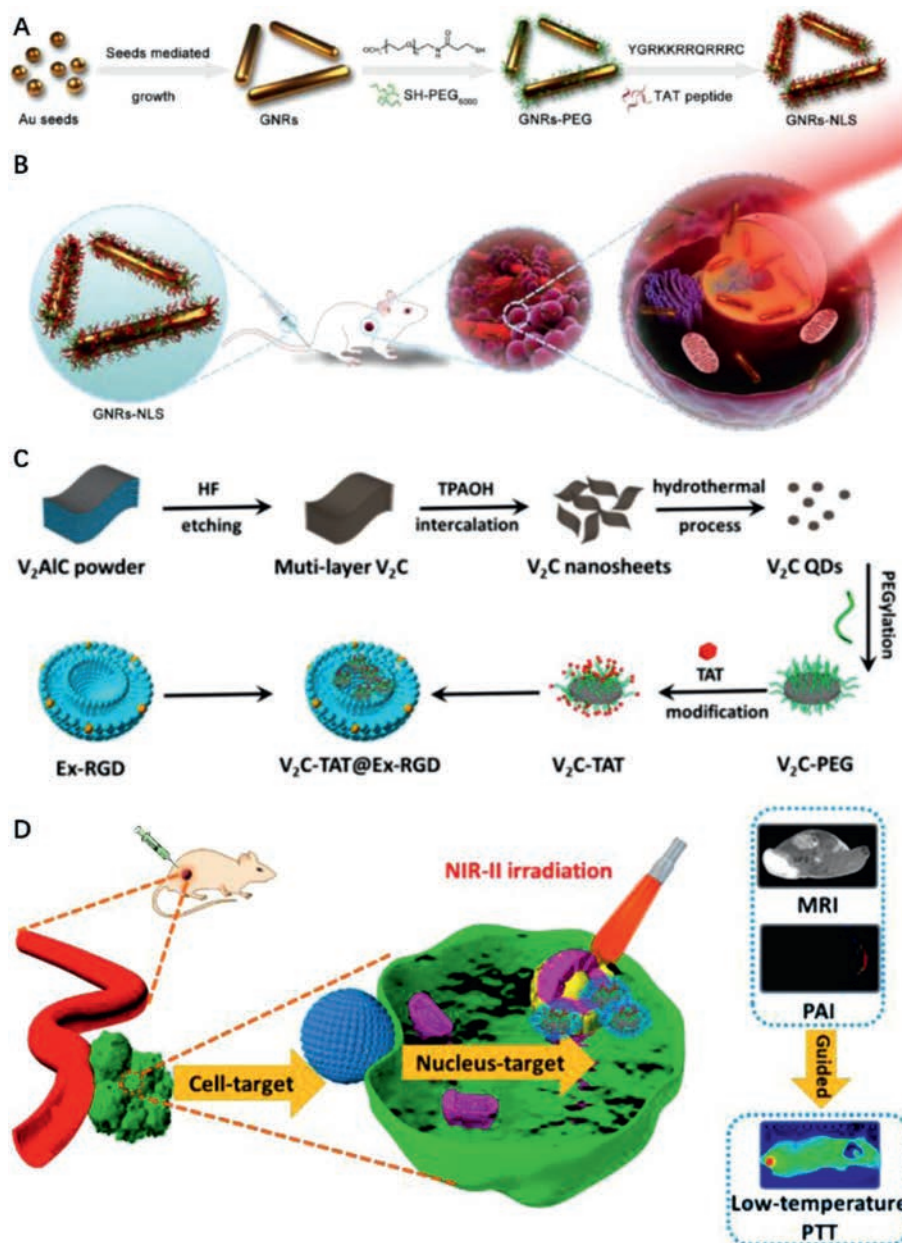


Fig. 3. (A, B) Schematic illustration of GNRs-NLS for nucleus-targeted PTT. Copied with permission [104]. Copyright 2017, American Chemical Society. (C) Schematic illustration of the preparation of V₂C-PEG-TAT@Ex-RGD and (D) the related therapeutic mechanism. Reproduced with permission [63]. Copyright 2019, American Chemical Society.

showed enhanced tumor-mitochondria accumulation. Under a single 0.5 W/cm² laser irradiation for 5 min, the 4T1 tumor was completely suppressed.

Lysosomes and endoplasmic reticulum are also proven to be potential targets for LPTT. Precisely targeting PTAs into these organelles have also made success for improved cancer treatment in recent years [62,148-151].

5. LPTT by disturbing autophagy

Autophagy is another vital intracellular defense system. Cancer cells degrade and recycle the misfolded proteins and disordered organelles by autophagy to refresh the cell microenvironments [152]. During PTT, the damaged proteins and organelles are lysed by autophagy, thus the injury degree during treatment can be reduced [60]. Selectively modulation of the autophagy process which will hamper the vital defense pathway in cancer cells, is another rea-

sonable route for sensitizing cancer cells to hyperthermia. To disrupt the autophagy homeostasis, inhibiting the pro-survival autophagy and inducing pro-death autophagy are developed recently [61,74].

PDA nanomaterials have received increasing interest in the past decade for biomedical applications like tissue engineering, drug delivery and PTT owing to their multifunctionality [153-158]. Our group revealed PTT treatment of cancer cells will induce pro-survival autophagy [60]. Autophagy inhibitor CQ loaded PEGylated PDA nanoparticles (PDA-PEG/CQ) could serve as an autophagy regulatable PTAs, hampering the pro-survival autophagy in cancer cells for enhanced tumor therapy under mild hyperthermia (Fig. 5A). Thereafter, bismuth crystals embedded silica nanoparticles (Bi@SiO₂) [59] and Prussian blue [126] were also employed for CQ loading for LPTT. For bone tumors, it is recognized that the tumor can secrete cytokines to induce osteoclastogenesis, which could in turn adsorb bone matrix to release growth factors and

further accelerate tumor growth. Such a vicious cycle between bone resorption and tumor progression can further facilitate tumor metastasis, and make bone tumors hard to treat [159]. In this case, alendronate-PEG functionalized PDA loaded with CQ (PPA/CQ) was prepared for bone tumor therapy [138]. PPA/CQ specifically targeted the osteolytic lesions near tumor tissues. CQ released from the targeted nanoparticles could simultaneously hinder the degradation of TNF receptor-associated receptor 3 to prevent osteoclastogenesis and hamper cancer cell apoptosis to elevate their thermal sensitivity. Excellent LPTT effect was demonstrated with nanomedicine due to successful blockage of vicious cycle in the bone tumor microenvironment.

Recently, our group introduced beclin 1, an autophagy induction peptide onto RGD-functionalized PDA nanoparticles for LPTT (Fig. 5B) [61]. The obtained nanoscale PTAs (PPBR) show enhanced tumor accumulation effect. After entering cancer cells, PPBR could induce overwhelming autophagy without obvious systematic toxicity. The activation of excess autophagy was demonstrated to be another feasible strategy to sensitize cancer cells to hyperthermia. Therefore, PPBR effectively suppressed the tumor growth in an MDA-MB-231 tumor model under 43 °C.

6. LPTT by combination with other treatments

In addition to the above strategies, combining PTT with many other therapeutic modalities have also been investigated. The synergistic therapeutic effects of these therapies on PTT can also reduce the resistance of cancer cells to hyperthermia [117,119]. Moreover, several synergistic approaches were proven to offer extra benefits [118,142,160,161]. For instance, PTT may enhance the blood oxygenation by enhancing blood flow, reactive oxygen species (ROS)-based therapies combined with PTT would not only damage intracellular thermal defense systems, but also elevate the therapeutic effect *via* enhanced oxygen content in the tumor [74,76]. The past years have witnessed the combination of PTT with chemotherapy, photodynamic therapy, radiotherapy, immunotherapy, metabolic intervene, chemodynamic therapy (CDT) and multimodal therapy for enhanced cancer treatment under mild conditions. Benefiting from the supra-additive synergistic effect of “1 + 1 > 2”, the rationally designed strategies were generally more effective for tumor inhibition.

6.1. ROS-based treatments

ROS can oxidize diverse biomolecules such as proteins, nucleic acids, and lipids [162,163]. The enhanced ROS levels in cancer cells can disrupt the redox homeostasis and induce oxidative stress to trigger cell damage and death. Strategies for elevating the intracellular ROS levels were developed for cancer treatment [164].

As discussed above, PDT mainly employs photosensitizers, laser and oxygen to induce oxidative stress in cancer cells. Combining PDT with PTT could synergistically resolve the disadvantages of the treatments. It should be noted that the excitation wavelength of photosensitizers and PTAs are usually different, the employment of different lasers to trigger PDT and PTT may result in unwanted normal tissue damage. Xia's group reported the design of an ICG-loaded AuNRs/MoS₂ dual plasmonic PTAs (Au/MoS₂-ICG) for synergistic PDT and PTT combination therapy [165]. Under a single laser irradiation, Au/MoS₂ effectively converts light to heat and triggers the release of absorbed ICG to activate PDT. Upon 5 min low power laser irradiation (808 nm, 0.2 W/cm²), PDT synergistically regressed tumor *via* LPTT.

Radiation therapy is the main strategy for clinical cancer treatment, which typically utilizes high energy ionizing radiation to induce oxidative stress and DNA damage in cancer cells [166,167]. Liu's group reported the development of a radionuclide ¹³¹I-loaded

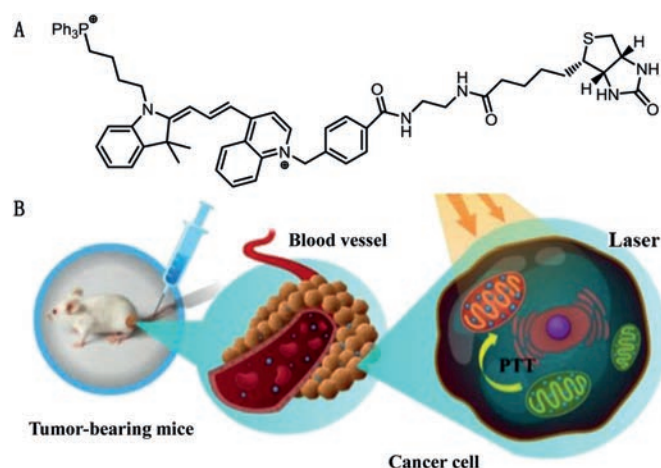


Fig. 4. (A) The chemical structure of the TPP and biotin dual-modified cyanine and (B) the schematic illustration of its application in LPTT. Reproduced with permission [65]. Copyright 2019, Wiley-VCH Verlag GmbH & Co. KGaA, Weinheim.

PEGylated reduced graphene oxide nanoplatfrom (¹³¹I-RGO-PEG) for internal radiation sensitized PTT [74]. The obtained nanoplatfrom could emit intense X-ray to inhibit tumor cells. Further irradiation by an 808 nm laser at a power density of 0.2 W/cm² for 20 min, ¹³¹I-RGO-PEG completely inhibited tumor growth without obvious side effects within a 50-day observation period.

CDT employs catalysts to convert intratumoral overexpressed H₂O₂ into ·OH, which is a highly tumor-specific treatment without the requirement of external excitation. Combining CDT with PTT is another feasible tactic for reducing the therapeutic resistance of PTT. Ou *et al.* reported a BODIPY-Fe(III) crosslinked coordination NPs for CDT sensitized LPTT (Fig. 6) [141]. The coordination NPs show enhanced NIR-II absorption and good catalytic activity towards H₂O₂, which completely eliminated the solid tumor after treatment. Recently, radical initiators have also been explored to induce intracellular radical accumulation for LPTT [76]. Very recently, Lin and Hou's group developed a MOF-derived Pd single atom enzyme-loaded nanoPTA for ferroptosis promoted LPTT [168]. This nanoPTA exhibited peroxidase and GSH oxidase like activity, which could specifically generate hydroxyl radicals and eliminate GSH in cancer cells, and subsequently deactivate the intracellular GPX4 and induce lipid peroxidation. Finally, the ferroptosis as well as ROS inhibited HSP expression could facilitate NIR-II laser mediated LPTT.

6.2. Gas sensitization

Gas therapy is an emerging cancer treatment strategy [137]. Many gas molecules are proven to play decisive physiological roles in cellular signal transduction [162]. Introducing gas signaling molecules into cancer cells may also break the homeostasis and trigger cell death, which has recently been explored as gas therapy [113,169-171]. The successes in gas therapy inspired researchers to employ gas molecules to potentiate the efficiency of PTT, since selective delivering gas molecules such as NO, CO, H₂ and SO₂ into cancer cells can disturb the homeostasis in cancer cells, and reduce their thermal resistance.

NO is the earliest gas signal molecule identified by researchers which takes part in numerous physiological activities [162]. Elevating the intracellular NO level has been developed for sensitizing cancer cells to chemotherapy, radiotherapy and so on. However, traditional NO donors are hard to realize controlled release. Zhao and Gu's group prepared Bi₂S₃ NPs loaded with bis-*N*-nitroso compounds (BNN) for on-demand NIR-responsive NO release (BNN-

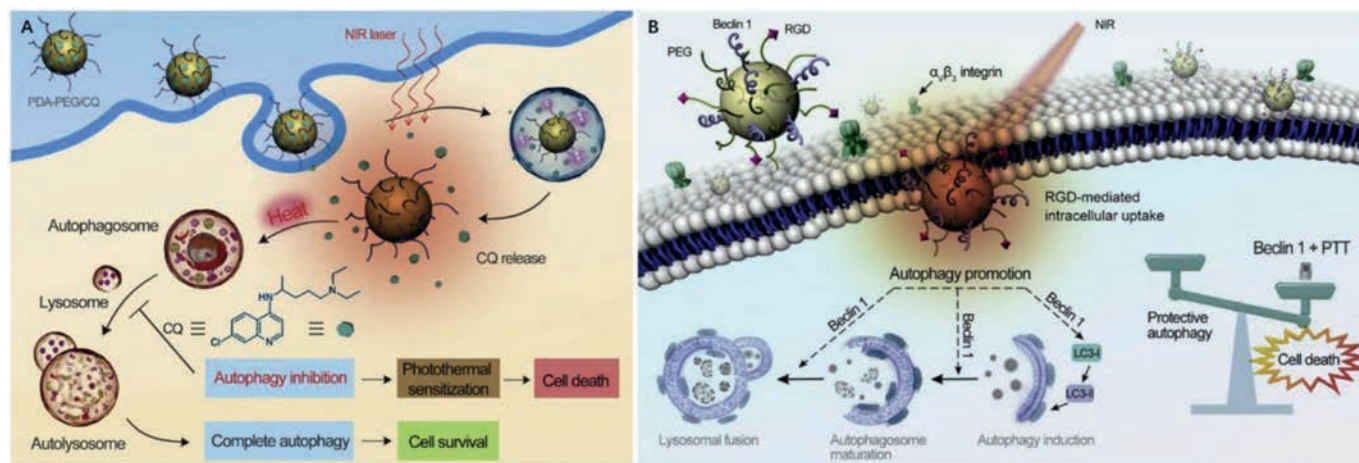


Fig. 5. Schematic illustration of (A) autophagy inhibition and (B) autophagy induction sensitized LTPTT mediated by PDA-PEG/CQ and PPBR, respectively. Copied with permission [60,61]. Copyright 2017 and 2019, Elsevier Ltd.

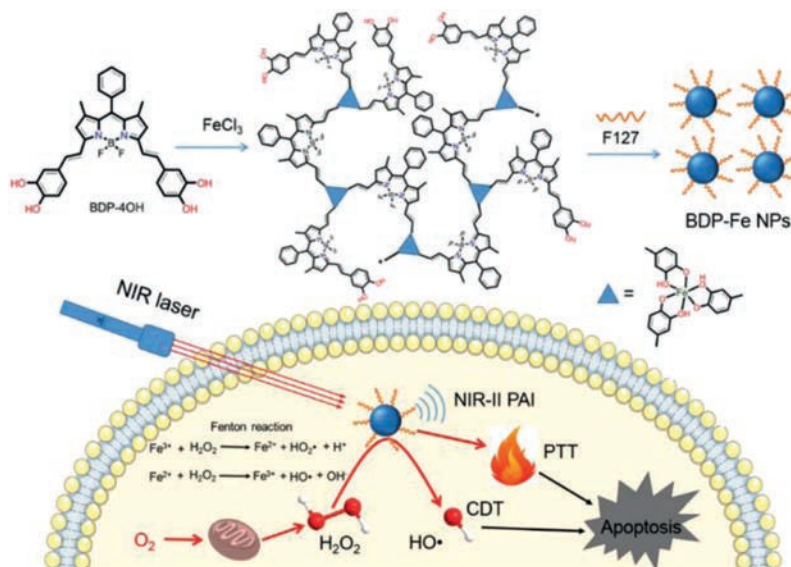


Fig. 6. Schematic illustration of BODIPY-Fe(III) and its application for CDT sensitized PTT. Copied with permission [141]. Copyright 2020, the Royal Society of Chemistry.

Bi₂S₃) (Figs. 7A and B) [121]. Under 808 nm laser irradiation, the high photothermal conversion effect of Bi₂S₃ could effectively enhance the localized temperature to trigger the release of NO. The released NO can freely diffuse in the tumor tissues to inhibit the defensive process such as autophagic self-repairing to overcome the thermal resistance. As a result, a higher tumor inhibition effect was achieved for BNN-Bi₂S₃ under mild NIR laser irradiation. Mesoporous silica nanoparticle (MSN) encapsulated Nb₂C was used for S-nitrosothiol (SNO) delivery, and the NO release from the carrier can be triggered by a NIR-II laser for LTPTT [68]. Wang *et al.* reported the use of MSN-coated Au nanorods as the carrier of SNO and PTA [67]. These examples proved the potential of sensitizing cancer cells to hyperthermia by NO delivery.

H₂ is an endogenous anti-oxidation gas molecule. It has been explored for the treatment of a series of major diseases like cancer, inflammation, diabetes, atherosclerosis, Alzheimer's disease and so on [172]. But the poor solubility of H₂ in physiological solutions restricted their applications by systematic injection. Inspired by the excellent H₂ storage effect of Pd nanocrystals, He and Gu's groups developed Pd hydride (PdH_{0.2}) for controlled H₂ delivery and release (Fig. 7C) [70]. After intravenous injection, PdH_{0.2} with improved photothermal effect could effectively accumulate in tu-

mor tissues *via* the EPR effect. Under 808 nm NIR laser irradiation, highly reductive H₂ was released to induce intracellular reductive stress, which effectively elevated the tumor inhibition effect by PTT. Interestingly, the side effects of PTT to the normal tissues can be reduced by the reductive H₂ molecules.

SO₂, another important signaling molecule, has also been employed for sensitizing tumor therapy in recent years. However, efficient delivery of SO₂ prodrug and responsive release of SO₂ into deep tumor tissues remain challenging. Li's group synthesized PDA encapsulated Au nanorods for the delivery of SO₂ prodrug benzothiazole sulfinate (BTS) [69]. BTS could release SO₂ under both acidic microenvironment and hyperthermia conditions. External and internal stimuli can therefore trigger the release of SO₂ for LTPTT. Importantly, the released SO₂ can freely penetrate into the deeper tumor tissues to induce cell apoptosis, thus this platform could serve as a promising candidate for deep tumor PTT.

6.3. Chemotherapy

The non-specific distribution and resistance of chemotherapeutic drugs significantly restricted their clinical applications. NIR controlled on-demand drug release with nanoPTAs may not only re-

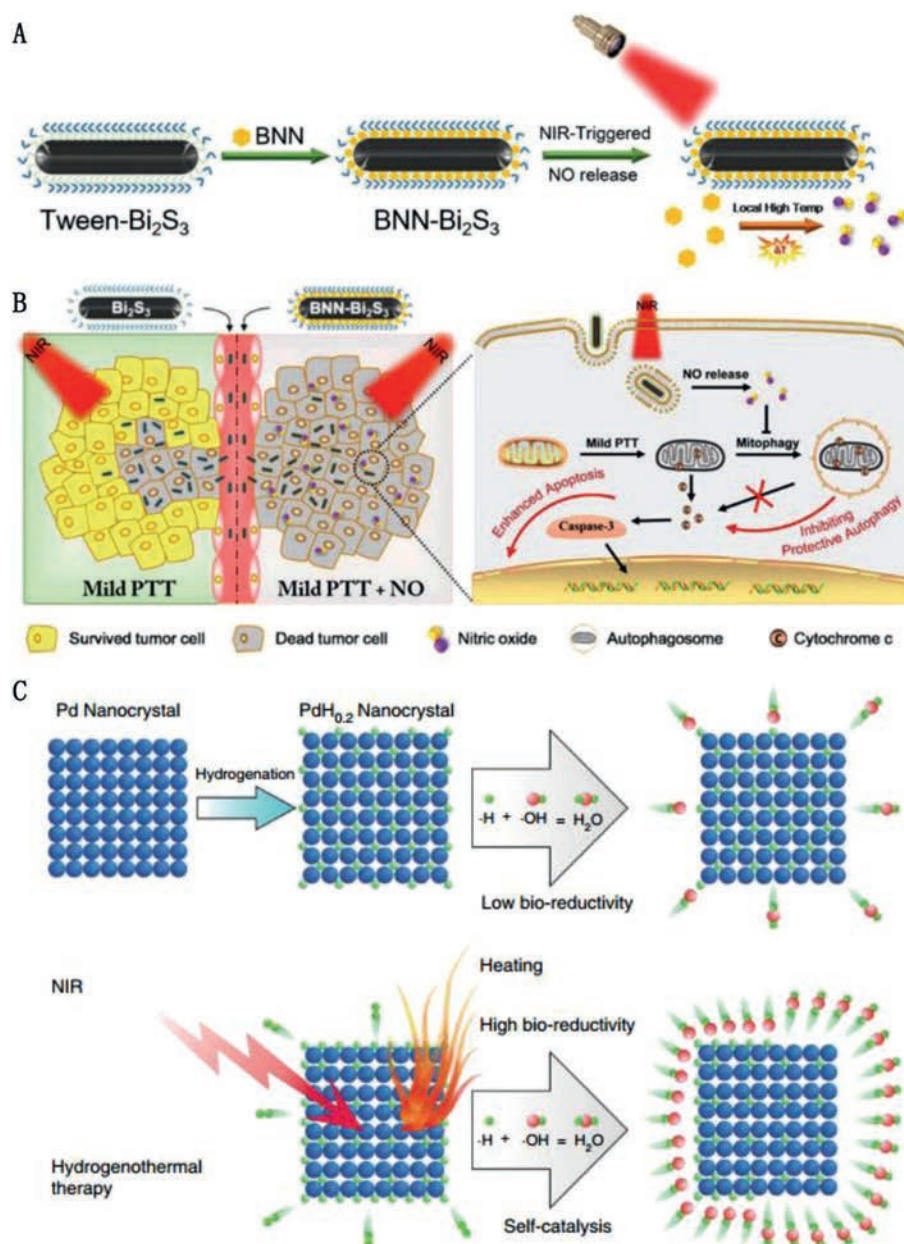


Fig. 7. Schematic illustration of (A) the construction and (B) LTPTT application of BNN-Bi₂S₃. Copied with permission [121]. Copyright 2018, Wiley-VCH Verlag GmbH & Co. KGaA, Weinheim. (C) Schematic illustration of the preparation of PdH_{0.2} and the NIR-responsive H₂ release for LTPTT. Copied with permission [70]. Copyright 2018, Springer Nature.

solve the side effects of chemotherapeutics but also effectively potentiate the PTT efficiency. Tang's group developed an NIR controlled drug delivery system by coating ssDNA on MSN-coated gold nanorods (AuNRs@MS-DNA) [173]. The negatively charged and flexible ssDNA chains were tightly coated on amino-modified MSN to prevent DOX leakage. Under mild 808 nm NIR irradiation, the localized hyperthermia mediated by AuNRs could disrupt the electrostatic interaction between ssDNA and MSN and trigger DOX release for cancer cell inhibition. When the laser was off, the valve was re-absorbed by MSN to stop drug release. This NIR controllable drug release nanoplatfrom offers a promising strategy for preventing unwanted drug leakage and sensitizing PTT by chemotherapy. In addition to nanocarriers, photothermal active hydrogels could also serve as promising platforms for drug loading and low-power NIR triggered drug release. In 2017, our group developed PEG crosslinked PDA hydrogel for on-demand drug release [153].

7-Ethyl-10-hydroxycamptothecin (SN38) was loaded on PDA NPs via π - π stacking without obvious leakage. Under mild NIR irradiation, SN38 could be released on-demand due to the generation of mild hyperthermia (Fig. 8). Thus, highly efficient photothermal chemotherapy was realized with this platform without obvious side effects.

6.4. Immunotherapy

Immunotherapy is a promising and effective strategy for cancer treatment, has made significant clinical success over the past decade [108,174–177]. By inducing an intense immune response in living bodies, immune therapy can effectively kill tumor cells [175,178]. PTT has been recognized as a useful method to induce immunogenic cell death (ICD) to enhance the expression of cancer-specific antigens [108], which could serve as an “Eat me”

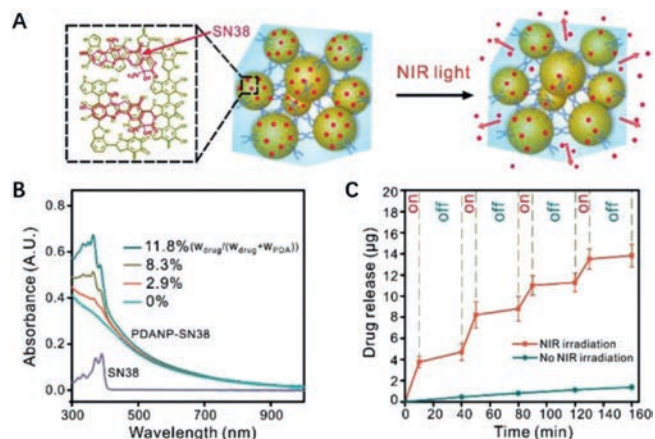


Fig. 8. Schematic represents SN38 loaded on PDANPs via π - π stacking and released from PDA/PEG hydrogel upon NIR irradiation. Copied with permission [153]. Copyright 2017, American Chemical Society.

signal for antigen-presenting cells for cancer cell recognition and immune activation. Moreover, PTT can reduce the compact structure, improve intratumoral blood/oxygen supply, and reduce interstitial fluid pressure of solid tumors, which can be helpful for reconstructing tumor immunosuppressive microenvironment and enhancing the recruitment and infiltration of immune cell [175,179]. Therefore, combining immunotherapy to enhance PTT has received increasing interest. Dotti and Gu *et al.* found that ICG-loaded PLGA nanoparticles can synergy with CAR.CSPG4⁺ T cells to effectively eliminate the WM115 tumors in mice (Fig. 9) [47]. Huang *et al.* loaded the anti-PD-L1 antibody and PTA IR820 in a phase change lipid gel, which could release the antibodies under mild 808 nm laser irradiation and improve the recruitment of systematic T cells to turn the “cold” tumors to “hot” ones for improved tumor regression [51].

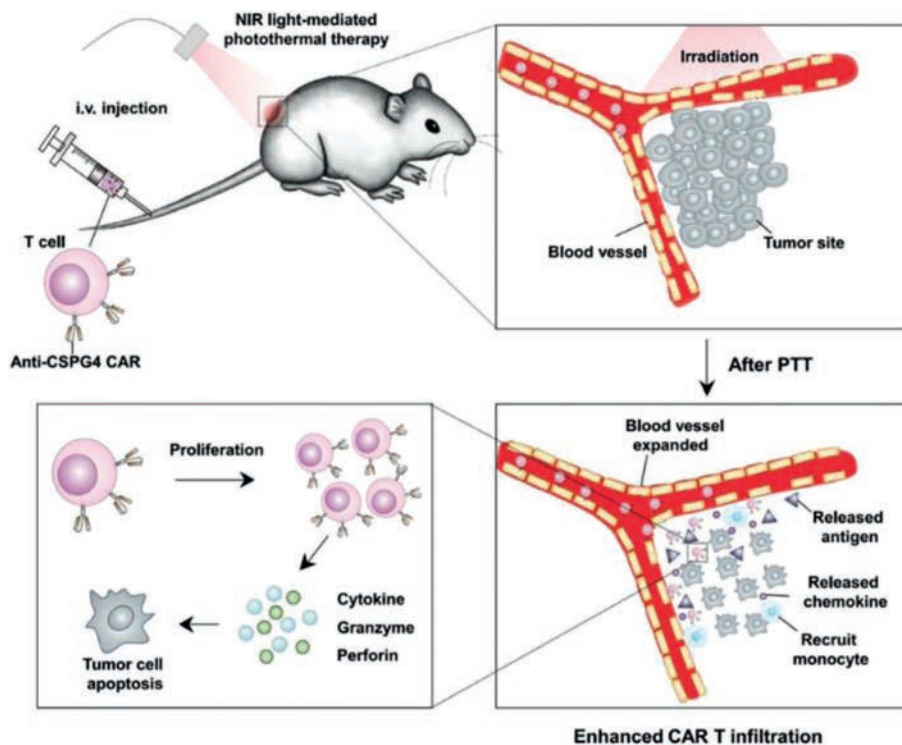


Fig. 9. Schematic illustration of the PTT-immunotherapy of based on ICG@PLGA and CAR.CSPG4⁺ T cells. Copied with permission [47]. Copyright 2019, Wiley-VCH Verlag GmbH & Co. KGaA, Weinheim.

6.5. Starvation therapy

Starvation therapy mainly induces cancer cell death by cutting off the nutrition supply. Blocking the blood vascular systems in tumors or inhibiting the cellular metabolism are the two major ways for starvation therapy [100,112]. Recently, Cai's group demonstrated glucose oxidase (GOx) mediated starvation therapy could effectively inhibit the intracellular HSPs and enhance the therapeutic effect of LPTT (Figs. 10A and B) [125]. Hyaluronic acid-modified porous hollow Prussian blue NPs (PHPBNs) were employed as the PTAs and the carriers for GOx. After *i.v.* injection, the nanosystem could accumulate in tumor tissues *via* CD44 targeting receptor. The GOx were further released to consume the glucose in tumor tissues when the disulfide bond between HA and PHPBNs was cleaved by GSH. Benefiting from the catalase-like activity of PHPBNs, the H₂O₂ generated from GOx and glucose was decomposed into O₂ to relieve the hypoxia microenvironment. The excellent starvation effect of GOx could prohibit the expression of HSPs (HSP70 and HSP90), therefore, this nanosystem showed a superior tumor inhibition effect under mild temperature elevation.

6.6. Multi-modal therapy

In addition to combining with monotherapies, versatile photothermal nanoplatforms with multiple therapeutic effects were also widely developed for LPTT. These multifunctional nanomedicines could effectively overcome the intrinsic limitations of PTT, and higher therapeutic effects can be realized by inducing cancer cell death *via* multiple pathways. During the past years, multimodal therapy sensitized LPTT based on PDA [52,136,137], liposomes [72], layered double hydroxide [179], MOFs [132], Bi₂Se₃ [122], CuS [120], and so on were widely developed [180,181]. For example, NO, DOX sensitized LPTT based on PDA NPs were proved to be more effective than NO or DOX sensitized PTT on multi-drug resistance tumors [136,137]. GOx, GA and ICG encapsulated liposomes (GOIGL) could effectively target tumor tissues, regress

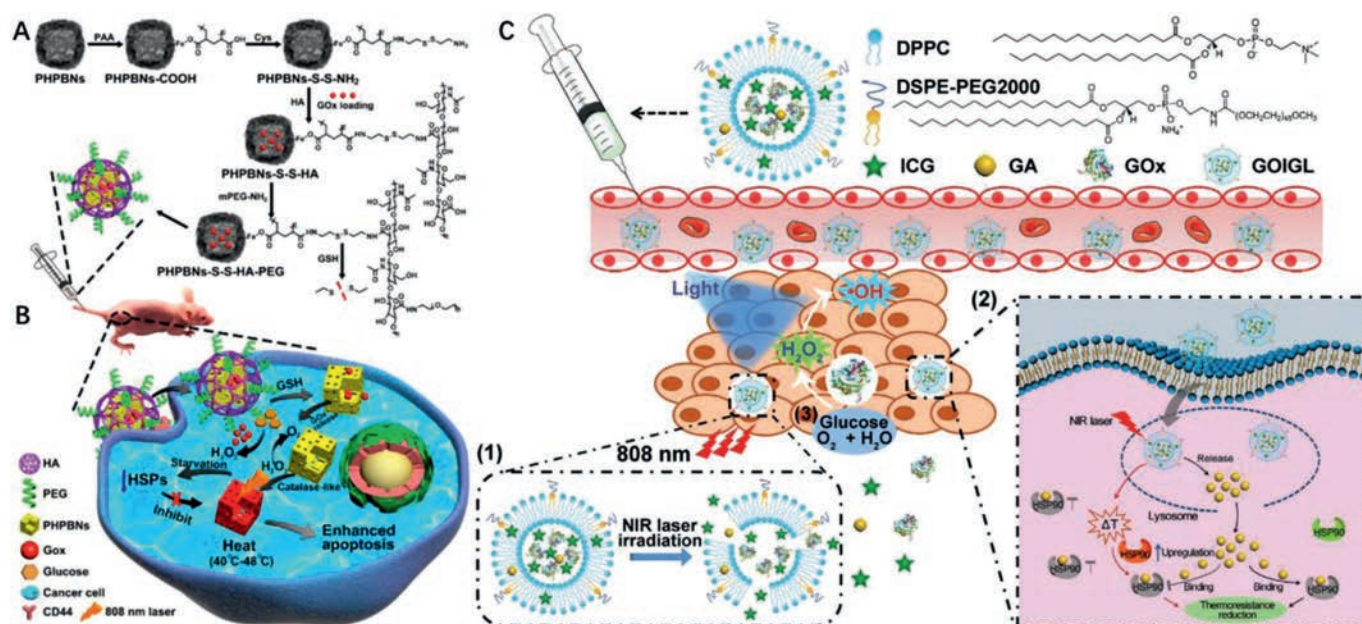


Fig. 10. (A) Schematic illustration of the structure of PHPBNs-S-S-HA-PEG@GOx and (B) its application in starvation therapy sensitized LPTT. Reproduced with permission [125]. Copyright 2018, American Chemical Society. (C) Schematic illustration of GOIGL and its mechanism for enhanced LPTT. Copied with permission [72]. Copyright 2020, Wiley-VCH Verlag GmbH & Co. KGaA, Weinheim.

solid tumor *via* synergistic starvation and HSP inhibition sensitized LPTT (Fig. 10C) [72]. HSP70 siRNA loaded versatile zirconium-ferritorphyrin MOF was reported with excellent therapeutic effect *via* photodynamic therapy, CDT and HSP inhibition enhanced PTT [132].

7. Summary and perspectives

In summary, PTT featured with excellent spatiotemporal controllability has become a promising method for cancer therapy. However, negative factors such as the pro-survival autophagy and the expression of HSPs in cancer cells, the poor tissue penetration of laser and the relatively low photothermal conversion efficiency of PTAs severely compromise the therapeutic outcome. To ensure a satisfied therapeutic effect, long-term and high-power density laser irradiations are required for traditional PTT, which will cause hyperthermia-induced inflammation and permanent damages to normal tissues due to inevitable thermal diffusion. Thus, LPTT has been developed for efficient tumor inhibition under milder temperatures. Aiming at overcoming the defense systems in cancer cells, many strategies have been established for effective LPTT. In this review, we systematically summarized the achievements of emerging tactics for LPTT and discussed their intrinsic mechanisms. However, there are still many challenges that remain to be specified and overcome.

The imperative tasks for further investigations on LPTT may include the following aspects: (1) Developing novel PTAs with higher photothermal conversion efficiency. The conversion efficiency of PTAs directly determines the therapeutic effect and required laser parameters for PTT, the values for most of the current PTAs are lower than 40%. Rational design of PTAs with higher photothermal conversion efficiencies may reduce the requirements for irradiation time and laser power density. (2) Enhancing the tumor targeting efficiency. The tumor accumulation for most molecular/nanodrugs is lower than 5%, and the latest research by Chan's group revealed more than 97% of the nanoparticles entering solid tumors *via* the active process of endothelial cells, which calls for further investigations for enhancing the tumor-targeted delivery [182]. In addition to targeting tumor tissues, delivery of nanodrugs into specific

cell lines such as fibroblast and tumor stem cells as well as vital organelles will bring new insights for LPTT. For superficial tumors, hydrogels [183] are ideal candidates. (3) Improving penetration depth of the laser. NIR-II laser has been proved with better tissue penetration capacity, and the maximum permissible exposure of laser at the NIR-II region is about 3-fold higher than that at the NIR-I region. LPTT with laser in the NIR-II region should be more effective. As for other deep tumors such as liver cancer, employing ultrasound, magnetic field and therapeutic light guide fiber may be alternative choices for hyperthermia therapy. (4) Enhancing the specificity of LPTT. Although LPTT is highly controllable by the laser irradiation time and region, it may still cause damage to the nearby normal tissues with PTAs accumulation since the therapeutic functions of PTAs are always on. Developing more smart PTAs with tumor cell/microenvironment specificity, rendering them with imaging guiding, temperature/therapeutic effect monitoring functions will further pave the applications of LPTT. However, the enhanced multifunctionality may increase the complexity and preparation cost of PTAs, developing PTAs with intrinsic multifunctionalities is highly desired. (5) Optimizing the synergistic enhancement of different treatments/therapeutic drugs on LPTT. Though many treatments have been reported to synergize with PTT by overcoming the resistance of cancer cells, the intrinsic improvements still remained to be cleared. More specific parameters like drug loading strategy, loading amount can be optimized. Moreover, combining multimodal therapeutics with LPTT may maximize the therapeutic outcome once the potential cumulative side effects can be resolved. (6) Evaluating the biosafety of PTAs for LPTT. Considering the inorganic/non-biodegradable nature of most of the employed PTAs in PTT investigations, their biosafety is another critical concern hampering the further clinical translation of LPTT. Moreover, combining these PTAs with other treatments may further complicate their biosafety. Systematically evaluating the biocompatibility of diverse PTAs before clinical testing is required. (7) Performing tests on more clinically relevant animal models. All the currently reported works were performed on tumor-bearing mice, which are still far from the features for clinical diseases. Performing experiments on more clinically relevant models such as orthotopic tumor-bearing large animals are thus highly recommended to

further investigate the potential of LPTT. Overall, we are confident that LPTT will broaden the applications of PTT in cancer treatment after the challenges are well resolved under the significant efforts from clinical doctors and scientific researchers.

Declaration of competing interest

There are no conflicts to declare.

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